

Other Services



P.E.T.A.L. Women's Health Program

Prevention, Education, Treatment, Assessment, Lifestyle

At Cardiogenix, our unique Women's Health Program was designed with a woman's specific concerns in mind. It begins with a comprehensive evaluation focused on prevention (including liquid pap test, mammogram, and bone densitometry as required). Also included is state-of-the-art lung function and exercise cardiac stress testing, as well as an evaluation from our dietician.



Diabetes Prevention Program (DPP)

Over 20 million North Americans have diabetes and most people with pre-diabetes or early diabetes don't even know they have it. The good news is that Type II diabetes is a preventable disease. Our team of Diabetes Prevention Specialists will completely evaluate your current health status and future risk for diabetes and then develop a customized program tailored to your personal profile.



Sports Performance Package (SPP)

You work hard. You play hard. But before you strap on those skates, hit the field running or power down the courts, you need to know if your heart is ready for it. You may be facing risks that you aren't aware of. Are you in game shape? We'll let you know the truth. Then we'll get you to where you want to be.



benefIT Cardiac Prevention Program

Our team of doctors, nurses, dieticians, kinesiologists, fitness specialists and, if necessary, psychologists will take you through a medically-supervised intensive lifestyle and risk factor modification program to reduce your risk of heart attack and stroke to the lowest possible levels. We will work closely with you while motivating you to adopt and maintain a healthier lifestyle.

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Feel great



- Health Protection programs
- Family Doctor 24/7 Access
- Women's Health Program
- LBS Weight Loss Program
- Diabetes Prevention Program
- Cardiac Re-habilitation
- Sports Performance Package
- Nutritional services
- Diagnostic testing
- Stress Management



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