

Is it time to get help?

No waiting.

No referral needed.

No more suffering.



The Homewood Clinic

**Mental Health and Addiction
Treatment that Fits Your Life**



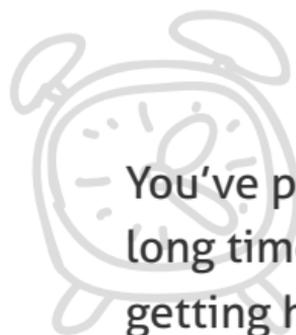
homewoodhealth.com/clinics



The Homewood Clinic | *Improving Life*



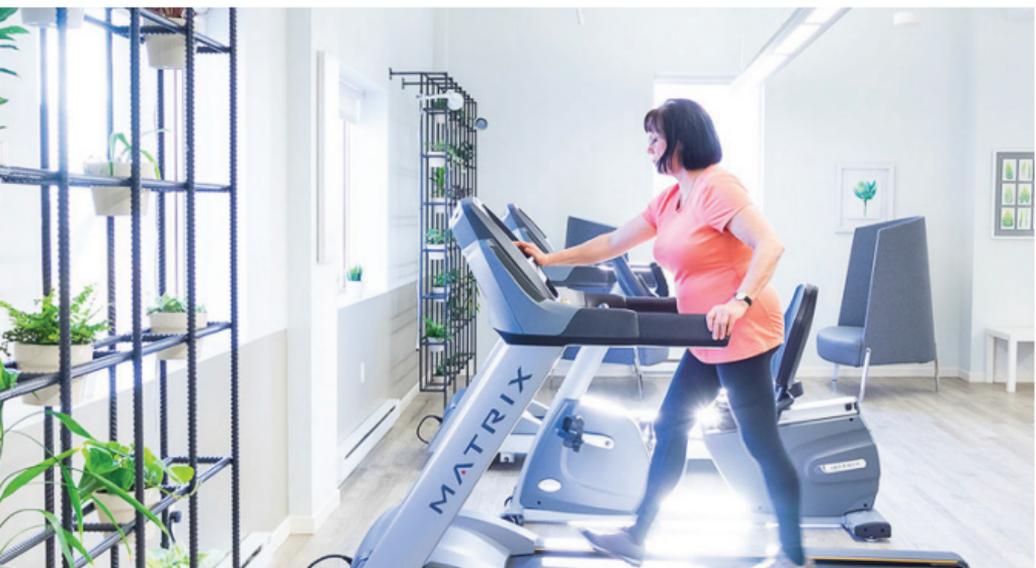
No Waiting for Treatment
No Referral Needed



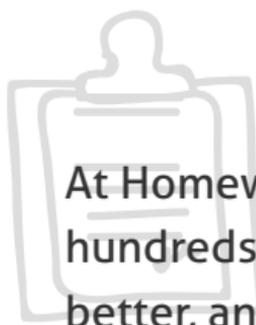
You've probably been suffering for a long time, and been thinking about getting help. If your family, work, and intimate relationships aren't working anymore, you're not alone. Deciding to ask for help is tough. Unfortunately, in many cases, receiving that help can often take a long time. It's important to act quickly while you're still motivated, and Homewood is here for you.

Call us to talk about what you need, and you could be receiving the best private treatment, close to home, without waiting.

Visit us at homewoodhealth.com/clinics



Expertise Matters



At Homewood, we've helped hundreds of thousands of people get better, and stay better, throughout the last 132 years. At The Homewood Clinic you'll be participating in programs that are developed using all our expertise, and that are delivered by Homewood clinicians. At The Homewood Clinic, you'll be working with certified counsellors, psychologists, social workers, and occupational therapists. Our psychiatrists and addictionologists are also there to help you.



You are unique. Your program should be too.



The first thing we'll do together is a **comprehensive assessment**. This helps you, and us, clearly understand what issues we're working to resolve. Then we'll build your personalized program that addresses your needs and your goals. Your treatment plan will be based on the very best research and tested approaches, and will include group and individual therapy.

You'll participate in workshops led by our experts that will help you understand and build new skills to address things like impulse control, stress, conflict, and anger. You'll work closely with our team to help build your resilience and increase your stamina to help you get back to work and back to life.



Improving Life





The Homewood Clinic Fits Your Life



Our programs allow you to live your life while focusing on your recovery. Some people even continue to work. It's an outpatient program, so you come to the clinic up to 5 days a week for up to 7 hours a day. You'll have homework, and the ability to put your newly developed skills to work. Your program will last from 4 weeks up to 10 weeks, and once you've completed the treatment, you'll join our weekly aftercare groups.

One full year of aftercare is included in the program cost.

Call us toll-free at 1.888.409.0954



Can you **help me** with what I'm dealing with?



Everybody is unique, and often so are their conditions. Some illnesses are best dealt with in an inpatient or residential program, but more often than not, outpatient treatment provides the very best treatment and outcome. People in programs at The Homewood Clinic are typically suffering from alcohol or substance addictions, anxiety, depression, bi-polar disorder, or trauma.

Call us to talk about your condition and we'll help you find the right path to recovery.

Locations



Calgary
Alberta

10655 Southport Road SW,
Suite 300
403.768.3009

Edmonton
Alberta

8215 112 St. NW, 18th Floor,
College Plaza Professional
Building
780.809.9610

Montreal
Quebec

640 rue Saint-Paul O., Suite 400
514.700.2339

Vancouver
British Columbia

575 West 8th Ave, Suite 600
604.243.8996

Contact Us



Call us toll-free at **1.888.409.0954**

Visit us at homewoodhealth.com/clinics



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